



First Aid at Work Course 3 day

Course Overview

Our Emergency First Aid at Work course is designed for employers to fulfil the legal responsibilities of the Health and Safety (First Aid) Regulations 1981. All organisations must ensure by law that they have a sufficient number of employees that possess a first aid qualification in order to fulfil their first aid needs at all times.

The First Aid at Work course is designed to enable participants to attain the knowledge and skills needed to become a First Aider in their workplace. At the end of the course participants will be able to demonstrate the practical administration of safe, prompt and effective first aid in emergency situations with an understanding of the role of the first aider.

Who is this course for?

This course is designed for people who have a specific responsibility at work, or in voluntary and community activities, to provide First Aid when dealing with an emergency situation. There are no formal entry requirements but in order to benefit from the course participants should possess reasonable communication skills.

Course Content:

The role of the First Aider
Dealing safely and effectively in an emergency situation
Cardio Pulmonary Resuscitation CPR Practice
Treatment of an unconscious casualty inc. seizures
Anaphylaxis
Asthma , Diabetes, Epilepsy
Fractures, sprains and strains

Recognising and treating Shock
Choking
Minor injuries
Wounds and bleeding
Spinal Injuries
Chest Injuries
Eye Injuries
Burns and Scalds
Strokes and heart attack
Recording incidents

Duration: 3 days.

Certification: After the course successful participants will receive a First Aid at Work certificate, valid for a period of 3 years, after which the learner will need to undertake a first aid at work re-qualification course in order to remain qualified. If you wish to upgrade to Level 3 Award (QCF), you will be required to take a multiple choice question paper. £12.00 extra per certificate.

Cost: £1300 for up to 12 delegates at your venue or join our many courses at hotel venues around the country for just £139 per person

Additional information: All course materials and first aid handbook for each participant are provided. This course is subject to continuous assessment of participants throughout the day by the tutor. There is no final assessment. Delegates attending this course must bring a valid form of photographic I.D.

Ask about our discounts for multiple course bookings from our wide range of first aid and health and safety courses.

Why our customers choose Alderson Training

We are a reliable and friendly company with many years' experience in delivering quality first aid training to businesses and organisations, however large or small across the UK.

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Our team of fully qualified and experienced instructors can come to you and deliver your group training course on site at a date and time



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OUR COURSES HAVE NO HIDDEN EXTRAS

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